

**Elizabeth K. Grady, NMD**  
Northside Naturopathic Family Wholistic Health, LLC  
130 W River Rd, Building A Tucson, AZ 85704  
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### **Overview**

Licensed primary-care physician with over thirty-five years in the medical field, seventeen years as a primary-care physician.

### **Arizona Licensing and Medical School**

Received Arizona Naturopathic Physician Medical Board of Examiners license March 30, 2000. Awarded Doctor of Naturopathic Medicine degree in 1999 from Southwest College of Naturopathic Medicine and Health Sciences (SCNM). Coursework at the accredited, four-year, private, Naturopathic medical school in Tempe, AZ included 3273 didactic hours and 1200 clinical hours being taught conventional medical diagnosis and treatment, as well as, additional specialty courses in nutrition, homeopathy, traditional Chinese medicine, physical medicine, minor surgery, hydrotherapy, and botanical medicine were taken.

### **Medical Work Experience**

**St. Joseph's Carondelet Hospital (1990-1993):** Worked for three years at this Tucson, AZ hospital as a cardiac technician. Responsibilities included: performing EKG's, applying holtor monitors, and transcribing EKG reports. Wrote the EKG procedural manual and trained hospital staff in EKG procedures.

**A.R.E. Medical Clinic, Inc. (1982-2006):** Worked at this holistic family practice in Phoenix and Tucson, AZ for twenty-four years, with experience in the following areas: General Family Practice physician, accounts receivable, colon hydrotherapy, lab technician, education/development, patient reception, and retail store. Was on the A.R.E. Medical Clinic, Inc Board of Directors from 2002-2005 to help ensure prudent use of all assets, including facility, people, and good will; and provide oversight for all activities that advance the nonprofit's effectiveness and sustainability.

**Mi Clinica, LLC (2016-2017):** Was co-owner, physician, and Medical Control for this primarily Hispanic medical clinic in Phoenix, AZ. Duties included: setting treatment protocols for our physicians on staff, training medical interns, seeing patients, and various office duties.

**Northside Naturopathic Family Wholistic Health, LLC (2006-Current):** Started this private practice in July 2006. Working as a primary-care physician in both Tucson and

Phoenix, AZ that treats almost all conditions using conventional medicine as well as homeopathy, nutrition, botanical medicine, orthomolecular medicine, physical medicine, hormone balancing/replacement, and intravenous therapies.

### **Additional Education and Medical Training (not including yearly continuing education)**

- University of Arizona (1987-1992): Bachelor of Arts degree, June 1992, with major in Philosophy and minor in Psychology with pre-med focus and requirements.
- Craniosacral Manipulation: Levels I and II through Upledger Institute in 1996-1997.
- Bowen Manipulation: level I through The Bowen Therapy Academy of Australia in 1997.
- Colon Hydrotherapy: extra training through SCNM in 1999.
- Intravenous Chelation Therapy: International Society of Chelation Technicians seminar in 1999.

### **Honors**

- SCNM Graduation Representative: 1998 and 1999 – large-event planning.
- SCNM Senior Class Co-Representative: 1999 – administrative liaison.
- SCNM Daphne Blayden Award: 1999 – for excellence and progression in the field of Naturopathic Medicine.
- Published author: 2000-2007 – several articles published in local newspapers.
- Public Speaker: 2001-2007 – lectures given on several different health topics.

### **Activities**

- Association of American Physicians and Surgeons, since 2001
- Member, Arizona Naturopathic Medical Association, since 1995
- Member, American Association of Naturopathic Physicians, since 1995
- Volunteer, A.R.E. Medical Clinic, 1977-2006
- Member, A.R.E. Medical Clinic Board of Directors, 2002-2005